

Mind's Lived Experience Strategy (2026-2030) launch

Audience engagement

Question 1 - Four years from now, what would you see in your community to show lived experience having an impact?

Theme	Example quote	Approx. Mentions	Examples of what this includes
Lived experience and peer-led services	<i>"Community based MH supports that are peer led and governed, grounded in peer principles and community connection, as the norm and not the exception to the norm"</i>	43	Peer workers, peer support, peer-led services, lived experience-led and governed services, lived experience at every level of care.
Reduced stigma and discrimination	<i>"People feel heard and respected. Lived experience is equally valued, stigma is reduced, and services focus less on risk and more on hope, strengths, choice and IPS values"</i>	31	Less stigma, reduced discrimination, safer disclosure, less judgement, mental health being talked about openly and treated like any other health issue.
Accessible, welcoming and community-based support	<i>"I don't 'feel' the 'wall' between me and seeking and/or engaging with help, of any sort . Services are community facing with lived experience concierge as my first point of contact. LE led services."</i>	27	Local supports, no-wrong-door access, reduced wait times, welcoming services, community-based options, peer healing spaces and support before crisis.
Co-design, voice and decision-making power	<i>"Creating genuine opportunities for people with lived experience to lead, influence decisions and shape the services and systems that affect their communities"</i>	22	Meaningful co-design, lived experience shaping services and policy, people being heard, believed, valued and involved before decisions are made.
Leadership, workforce growth and recognition	<i>"Lived experienced Ministers in each state"</i>	21	More lived experience roles, leadership pathways, career progression, recognised scope, training, workforce sustainability and lived experience as expertise.

Better quality, person-centred and human services	<i>"Services and spaces are designed in a way that focuses on genuine accessibility and warmth"</i>	19	Services that are compassionate, relational, trauma-informed, respectful, useful, strengths-based, choice-based and centred on people's goals.
Funding, resourcing and commissioning	<i>"More funding for lived experience because the value has been demonstrated and impact been validated"</i>	14	Investment in lived experience models, funding for peer-led services, commissioned lived experience roles, research budgets and sustainable growth.

Question 2 – What do we need to make this possible?

Theme	Example quote	Approx. mentions	Grouped examples
Funding, resourcing and investment	"Political will and funding to establish more psychosocial supports equal to meeting need"	45	Funding; more funding; secure funding; stable funding; funding and resources; investment; protected LLE funds; community service funding; flexible funding; funding for lived experience practice, leadership and peer roles.
Education, training, awareness and shared understanding	"Better education about lived experience for other professionals, how it works and the value it brings."	32	Education; education and training; better education for clinicians, CEOs, Directors and Boards; awareness of LLEW; access to training; nationally recognised training and supervision; shared understanding of lived experience roles and value.
Collaboration, partnerships and collective advocacy	"More collaboration across services and sectors uplifting Lived Experience - break down the silos"	28	Collaboration; working collaboratively; sector partnerships; collective advocacy; cross-sector partnerships; collaborative support from organisations; stronger guidance and support; breaking down silos.

Power-sharing, leadership and decision-making authority	"Power needs to be shared from the top down, and those who can't share power need to step away to allow for progress."	26	Sharing power; people with lived experience in positions of real power; lived experience leadership; leaders who listen; embedding LLE in decision-making; governance; executive and government buy-in.
Recognition, respect and valuing lived experience expertise	"Reaching the under reached to understand their experiences and amplify their voices to inform change"	24	Respect; belief; lived experience viewed as a credential; recognition of lived experience as expertise; equally respected with clinical practitioners; stop disregarding LE expertise.
Culture change, willingness and organisational change	"A change in culture - Lived Experience needs to truly be seen as equal and credible - through mandated funding and organisational priorities"	23	Cultural change; willingness to change; organisational culture; willingness to sit with discomfort; change in services; patience, curiosity and courage; reducing hierarchy and control.

Question 3 – finish the following sentence: "A future mental health system shaped by lived experience would be..."

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